

Tualatin Hills United Soccer Club Philosophy Player Education and Development

Our primary goal at Tualatin Hills United Soccer Club is to maximize our student athletes to meet future challenges on the field and in society. It is UNITED's desire to develop individual players to fit into the team concept; the result is individual success and team success. UNITED provides an atmosphere for players that simply love the game, and for players that wish to continue through High School, State Teams, Regional Teams, College and US National Teams. We offer a year round program with a predictable year-long calendar that incorporates club wide breaks. Players are expected to follow the calendar as it is designed appropriately per age group.

UNITED employs a full time Director of Coaching, a full time U10 Developmental Director, a full time Strength and Conditioning Coach, and two full time Goalkeeper Coaches. United has partnered with The Orthopedic and Fracture Clinic to professionalize club athletic training and physical therapy. The addition of our Club Nutritionist will instruct and educate coaches and players about appropriate eating habits before and after training and games. The combination of these professionals, provide welcomed input to the United Director of Coaching when creating the club year long calendar and training program. This calendar is designed to maximize all athletes; gender specifically and age appropriately. The result is individual success, quality team play, and club unison.

Team selections are uniform for each age group. Tryouts 2005-2006 will consist of a traditional tryout U-11 to U18; a first team and a second team will be chosen based on playing ability, and proper competitive levels of play.

It is the philosophy of UNITED to create a positive developmental environment at U-11. This environment begins at tryouts. It is the goal of UNITED to make the transition from recreational soccer to classic soccer painless and positive. At the U-12 to U-19 age groups, the majority of club members will have at least one year of development at the classic level; therefore, integration into club activities is expected and anticipated. UNITED believes the game is the best teacher. With a combination of structure and self-realization, players are trained to be well-rounded athletes when faced with situations on the field and in life. Players are trained by an excellent coaching staff, dedicated to personal education.